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The Dance Of Anger A

For the first time, after reading so many other books on anger, I finally truly understand the dance, the circle dance that we do to perpetuate the circular dance of anger. And it comes down to having the courage to step up within yourself and be the one to walk away from the dance.

Dance of Anger, The: A Woman's Guide To Changing The ...

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A distinguished lecturer, workshop leader, and psychotherapist, she is the author of The Dance of Anger and other bestselling books. She is also, with her sister, an award-winning children's book writer. She and her husband are therapists in Lawrence, Kansas, and have two sons. What People are Saying About This

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And our entire family is involved in the dance of anger, when someone let's a fireball rip. What we do next is of critical importance. If everyone runs for shelter and the raging person simply gets what they want, we may be setting an example for acceptable behavior that will haunt us and our children for years to come.

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